Department of Professional and Occupational Regulation

## Board for Barbers and Cosmetology

September 17, 2020

## Guidance Document: Definition of Clock Hours

## Interpretation of what constitutes an hour of school instruction under 18 VAC 41-20, 18 VAC 41-50, and 18 VAC 41-70.

Clock hour, as used in reference to the hours of instruction requirements established in the regulations, shall have the same meaning as "Clock hour" under State Council of Higher Education for Virginia Regulation 8 VAC 40-31-10. ""Clock (or contact) hour" means a minimum of 50 minutes of supervised or directed instruction and appropriate breaks."

